

Smalley Road Runners Club Rules 2021/22

These club rules (**Rules**) apply to all of the members (casual and affiliated) (**Members**) of Smalley Road Runners (**SRR**) for the membership year 2021/22.

These Rules were approved and adopted by the SRR club Committee on 22 March 2021. They set out the basic rules and standards and values which members are expected to follow.

Club Rules

Follow our Values and other rules

1. Our club values are: Inclusive, friendly, supportive, courteous, and approachable. (**Values**) and we ask our members to behave and act in line with these Values.
2. Members must follow these Rules along with all other club guidelines, including SRR policies and procedures adopted by the club whilst they are a member.

Official SRR sessions

3. Ensure that you are running in the correct group according to your ability and are observing the pace guidelines.
4. Members must follow the instructions of the run leaders during club sessions.
5. Members under 18 must always be supervised at a club session/event by their parents or legal guardian. During a run the junior members must remain within arm's length of their parent/guardian.
6. Lights and reflective gear/clothing must be worn during the hours of darkness.

General rules

7. If you are wearing SRR club colours in public then you are representing SRR. Please conduct yourself in line with our Values.
8. When running on the public highway (which does include the pavement) please follow the Rules for pedestrians (1 to 35) - The Highway Code.
9. Whilst on a run, please dispose of any litter in the appropriate manner.
10. Our club Values must always be applied to the SRR social media pages.
11. All Members have a duty of care to others within the club to ensure that they are safe and respected. We also have a particular duty of care for the welfare and safety of our junior members.