

Smalley Road Runners Health and Safety Policy

Health and Safety Policy Statement:

Smalley Road Runners encourage all members to take part in Club activities, the health, safety and well being is our key concern. We provide advice on safe running at each session or event and require our members to participate within the set boundaries to always stay safe.

To support our Health and Safety policy we will:

- Identify and manage all risks associated with our activities
- Ensure all who attend our sessions are safe
- Communicate all identified risks and control measures for safe running through Run Leaders and Coaches
- Prevent accidents, and if an accident occurs ensure reporting is undertaken
- Provide clear instruction and information in advance of all activities
- Provide training to ensure Health and Safety responsibilities are understood and can be implemented effectively
- Provide and maintain safe equipment for Club activities, sessions, events, and administrative duties
- Implement emergency procedures to ensure the safety of all
- Consult with members on matters which may impact on their Health and Safety
- Ensure all members are aware of their duty of care to each other
- Review and revise this policy following any substantial change

Responsibilities for Health and Safety:

- Any accidents, incidents/near misses will be reported by the Run Leader or Coaches to England Athletics via their official reporting procedure and a copy retained at the Smalley Road Runners registered office
- Overall and final Health and Safety responsibility will be that of the Smalley Road Runners Committee
- Day to day responsibility for putting this policy into practice will be that of the Committee, Qualified Run Leaders and Coaches who have responsibility for ensuring this policy is embedded in all activities of Smalley Road Runners
- Members are required to always run safely and act responsibly and keep to routes as directed by the Run Leader
- Warn other runners around yourself of hazards, pedestrians, obstructions, changes in levels etc
- Inform Run Leaders and Coaches of any minor health issues which might affect your ability to effectively participate in planned Club activities
- Inform your Run Leader or Coach if you have a significant medical issue which could lead to problems during the session

Arrangements for Health and Safety:

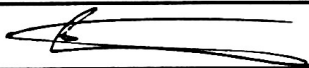
Risk Assessment - Risk assessments will be completed for all Smalley Road Runners activities and events. Key persons will be involved with the risk assessment process. All information will be communicated to those affected by our activities. Risk assessments will be reviewed following an incident or change in practice and as a minimum annually.

First Aid – All Run Leaders and Coaches will carry a mobile phone during Club sessions for emergencies and a first aid kit will be available at the meet point of an official Club run for self-administration by the injured person.

Training – Committee members will be provided with relevant training to enable them to effectively undertake their Health and Safety responsibilities. Safety inductions and briefings will be delivered in advance of events commencing. Where personal protective equipment is required, this will be provided with information, instruction, and training in correct use.

Consultation - Health and Safety will be an integral part of all Committee meetings and consultation will be undertaken with members as the need requires or in the event of any substantial changes which are required to be acted on by all.

Evacuation - All premises will have emergency evacuation procedures available and understood by all who vacate such areas. Escape routes will be clearly marked and communicated to all.

Signed:	
Print Name:	I. HARTSHORN
Date:	
Review Date:	